

Sept. 19, 2006 - News Briefs

NEWS BRIEFS for Sept. 19 - 25

CAGID rebate applications have been mailed

Property owners within the Central Area General Improvement District (CAGID) who provide their own parking spaces free of charge may receive a rebate on property taxes paid to CAGID. CAGID rebate applications for 2005 taxes (paid in 2006) have been mailed to all CAGID property owners. All applications must be returned by October 31, 2006 to city of Boulder, DUHMD/Parking Services, 1500 Pearl, Suite 302, Boulder, CO 80302. For more information, to see a map of the CAGID area, or to obtain an application, call (303) 413-7300 or go to <http://www.bouldercolorado.gov/>, city A-Z, Parking, Downtown, Downtown and University Hill/Parking Services, Downtown, Central Area General Improvement District, 2005 CAGID Refund.

Caution is urged as bears begin forage for hibernation

City of Boulder Open Space and Mountain Parks (OSMP) urges caution on trails as fall is typically the time of year bears forage in preparation for hibernation. The following tips are recommended in case visitors encounter a bear:

- NEVER run. Running can make a bear chase you;
- Keep your distance. Back slowly away from the bear. Avoid direct eye contact;
- Gather children around you and leash your dog;
- Slowly and calmly leave the area. Talk aloud in a low voice so the bear will be aware of your presence;
- Never throw food to distract a bear;
- Fight back if attacked. Black bears have been driven away when people fight with rocks, sticks, binoculars or even bare hands; and
- Report any bear sightings by calling 911 or the Wildlife Hotline at (720) 564-2020.

For more information on OSMP, visit <http://www.osmp.org/> or call (303) 441-3440.

Safety First for Youth program scheduled

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The Boulder Police Department, together with the Association for Community Living, will be offering Safety First for Youth from 4 to 6 p.m. on Wednesdays beginning Oct. 11 through Nov. 8, at the Boulder Police Department, 1805 33rd Street.

Safety First for Youth is a free, five-week program designed to provide safety tips to middle and high school-aged students with developmental disabilities. The curriculum of the program covers decision-making skills, street-smart safety, home security, fire prevention and safety, and getting around town safely. The classes are a combination of lecture, small group and hands-on activities, and maintain a low instructor-student ratio. The registration deadline is Thursday, Oct. 4. To receive more information or to register, contact Kris Gibson at gibsonkr@bouldercolorado.gov or (303) 441-3332.

Fall hike offered

City of Boulder Open Space and Mountain Parks (OSMP) Naturalist Debbie Matlock will lead an autumn hike into Gregory Canyon from 9:30 to 11:30 a.m. on Saturday, Sept. 23. Meet at the Gregory Canyon trailhead at the west end of Baseline Road. The moderate hike will explore the internal and external rhythms of fall. For more information on OSMP and a complete list of programs, visit <http://www.osmp.org/> or call (303) 441-3440.

Fall color hike scheduled

City of Boulder Open Space and Mountain Parks (OSMP) Ranger Melissa Repjar will lead a hike along the Enchanted Mesa trail from 9 to 10 a.m. on Sunday, Sept. 24. Meet at the Chautauqua Ranger Cottage, 900 Baseline Road. Repjar will explain why and how leaves change color in the fall. The hike is designed for children, but everyone is welcome. Please wear hiking shoes and bring water. For more information on OSMP and a complete list of programs, visit <http://www.osmp.org/> or call (303) 441-3440.

Tales of the Old West hike

City of Boulder Open Space and Mountain Parks (OSMP) Naturalist Jake Davis will lead a hike focusing on local history from 5:30 to 7:30 p.m. on Monday, Sept. 25. Meet at the Chautauqua Ranger Cottage, 900 Baseline Road. Davis will discuss how the flatirons formed, lifestyles of hunter-gatherers and historical figures. For more information on OSMP and a complete list of programs, visit <http://www.osmp.org/> or call (303) 441-3440.

Lewis and Clark expedition topic of talk at Meadows Branch Library

The public is invited to a show to learn about the Lewis and Clark expedition at 3 p.m. on Sunday, Sept. 24, at the Meadows Branch Library, 4800 Baseline Road. Presented by Dr. Stuart Wier, audiences will see artifacts, equipment and maps like those used by Lewis and Clark, along with slides showing the people, scenes and places of the expedition. Dr. Wier is a Boulder geophysicist and a historian specializing in early American Western exploration. He worked with the staff of the Denver Museum of Nature and Science to prepare for the National Bicentennial Lewis and Clark Exhibition. Reservations are required. Call the Meadows Branch Library at (303) 441-4390 to sign up.

Fundraiser scheduled at the Reservoir to benefit many programs

The city of Boulder Parks and Recreation Department invites the public to the "Endless Summer at the Rez" from 6 to 10 p.m. on Friday, Sept. 29, at the Boulder Reservoir, 5100 N. 51st Street. Ticket proceeds will support the EXPAND recreation program for people with disabilities, Journey's, a recreation program for adults with mild traumatic brain injuries, and the Youth Services Initiative, which serves elementary aged children living in low income housing. All programs are recreation programs provided by the Parks and Recreation Department.

Entertainment will include music by Wendy Woo, the Razumovsky String Quartet performing "Touch of Elegance," an adaptive water-ski demonstration (weather permitting), food and no-host bar, a silent auction and more.

Tickets are \$25 if purchased by Sept. 25 and \$30 at the event. To purchase tickets, call Lori Goldman at (303) 413-7467. For more information or to donate to the event/auction, call Cory Lasher-Miller, (303) 413-7269, ext 1.

Public invited to Keewaydin Meadows Park playground renovation open house

The city of Boulder Parks and Recreation Department invites the public to an open house to discuss ideas for the renovation and redesign of the Keewaydin Park playground at 9 a.m. on Saturday, Sept. 23, at the Keewaydin Park

playground shelter, Manhattan and Sioux streets. Children are welcome and are encouraged to draw pictures of ideas for the new playground. For information, contact Mike Gurrola, (303) 413-7228 or gurrolam@bouldercolorado.gov.

Men's basketball leagues forming

Men's basketball leagues will play four different nights beginning Tuesday, Sept. 26, at the North Boulder Recreation Center, 3170 Broadway, and South Boulder Recreation Center, 1360 Gillaspie Drive. Schedules will be posted on the Parks and Recreation Web site at www.bouldercolorado.gov/parks-recreation by Wednesday, Sept. 20. The registration fee is \$480 per team; team fee includes unlimited individuals on initial roster. For more information and to register, go to www.bouldercolorado.gov/parks-recreation.

City of Boulder Parks and Recreation needs volunteers

The city of Boulder Parks and Recreation Department is recruiting volunteers to help with recreation programs and special events that serve the needs of youth, teens and individuals with disabilities in the Boulder area. Opportunities are available with the EXPAND program for people with disabilities; coaching youth football; swim aides; child care; programs for disadvantaged youth; and park cleanup.

For more information, contact Ken Silva at silvak@bouldercolorado.gov or (303) 413-7223 or visit www.bouldercolorado.gov/parks-recreation.

Diabetes education seminar to be held on Sept. 27

The city of Boulder Parks and Recreation Department will host an interactive workshop on diabetes education and better ways to manage your condition through diet tips and exercises from 7 to 8 p.m. on Wednesday, Sept. 27, at East Boulder Community Center, 5660 Sioux Drive. For more information, call (303) 413-7264.

Workshop to discuss nutrition in preventing and managing type II diabetes

The city of Boulder Parks and Recreation Department will host a class on how to integrate diet and lifestyle to improve energy, regain alertness and vitality, reduce or eliminate the risks from Type II Diabetes and Syndrome X and overcome fatigue from 6:30 to 8 p.m. on Thursday, Sept. 28, at East Boulder Community Center, 5660 Sioux Drive. The class will

be presented by Seth Braun, holistic health counselor. For more information, call (303) 413-7264.

Parks and Recreation fall class registration underway

City of Boulder fall recreation classes are underway. Participants may register online or via mail-in, phone-in, walk-in and drop-off registration. Class information and eConnect online registration is available at <http://www.bouldercolorado.gov/> . A complete list of programs is available online or at all city recreation centers. For phone-in registration, call the Parks and Recreation registration office at (303) 413-7270. Sign up for the Parks and Recreation e-mail newsletter list to be informed of registration deadlines at <http://www.bouldercolorado.gov/>.

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